



MEALS **on WHEELS**

ORANGE COUNTY, NC

Annual Report 2023

**You have the power to
do so much good!**

Rachel Bearman

Executive Director



This past year has been another exceptional chapter in our 47-year journey of nourishing and enriching the lives of older adults at Meals on Wheels Orange County, NC. Our commitment, bolstered by the dedication of our volunteers, the generosity of our donors, and the creativity of our partnerships, has allowed us to continue making meaningful connections with each meal we deliver. And through the power of our network, we keep delivering. Every delivery is more than just a meal; it's a vital moment to connect, to offer a kind word and a smile, to nourish body and soul, and to support recipients' efforts to age in place with dignity.

Meal delivery is only the start:

- We are working to transition all of our meals to meet medically tailored meal standards to be heart-healthy and diabetic-friendly.
- We are expanding partnerships to meet recipients' needs, including but not limited to, growing our pet program, maintaining our ability to deliver incontinence products (in partnership with The Diaper Bank of NC), and supplying durable medical equipment (in partnership with the Orange County Department on Aging).
- We are deepening our efforts to combat older adult social isolation and loneliness, through training in communication techniques so we can deepen connections beyond our check-ins at the door, connection calls, distribution of handmade cards and flower bouquets (in partnership with Firefly Farm), and the giving of gifts at holiday time.
- We are consistently evaluating our programs and services and adapting to meet recipients' needs by offering expanded services or direct referrals.

We are two years into actualizing our strategic plan, and we are excited for all that the future holds. It is hard to capture the true impact that together we have been able to accomplish. In short, your generosity, your commitment, and your caring have helped save lives. Thank you for all that you do.

With gratitude –

A handwritten signature in black ink that reads "Rachel Bearman". The signature is written in a cursive style.

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Rachel Bearman (Executive Director)

Together, we can deliver!

2023

62,890



Meals Served

455



Individuals Served

478+ Volunteers



22,466

Hours Donated

2023

6 Staff



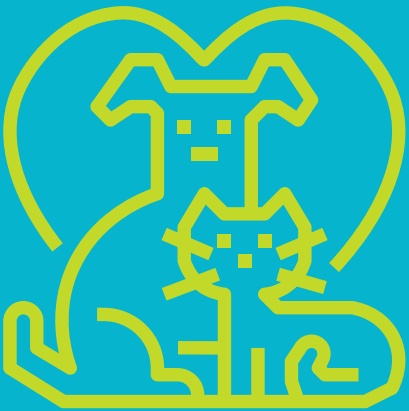
42,446

Human Connections



3,081

lbs Pet Food Delivered



73+

Pets Served

100%

**of Meals
Subsidized**



2023

432

Individual Donors



9

Congregations



11

Grants



9

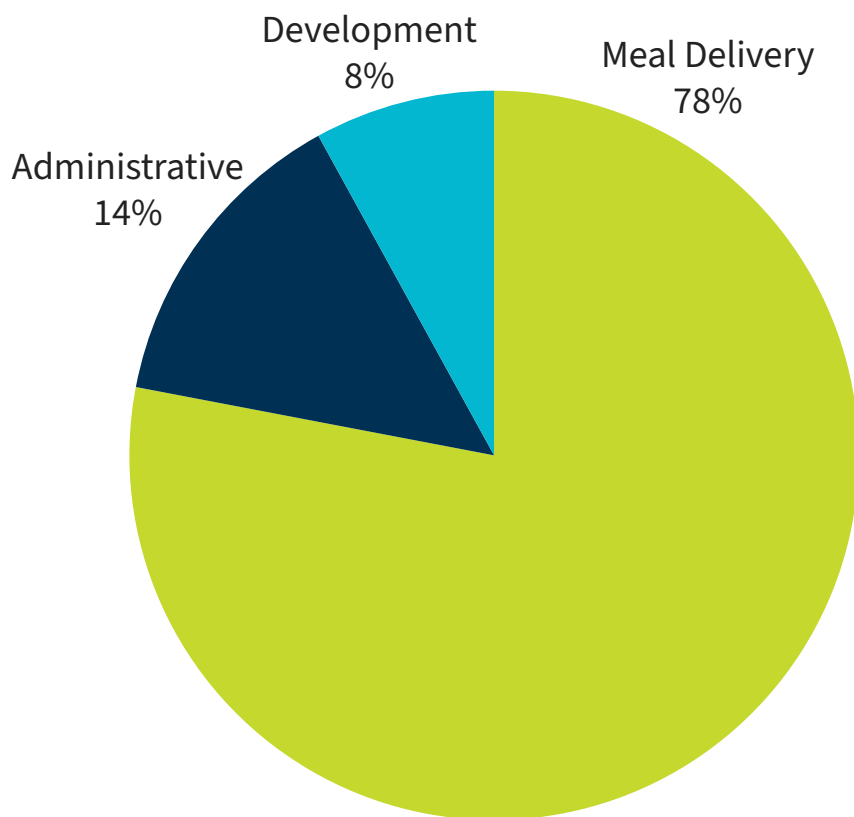
Corporate Sponsors



Expense Allocation

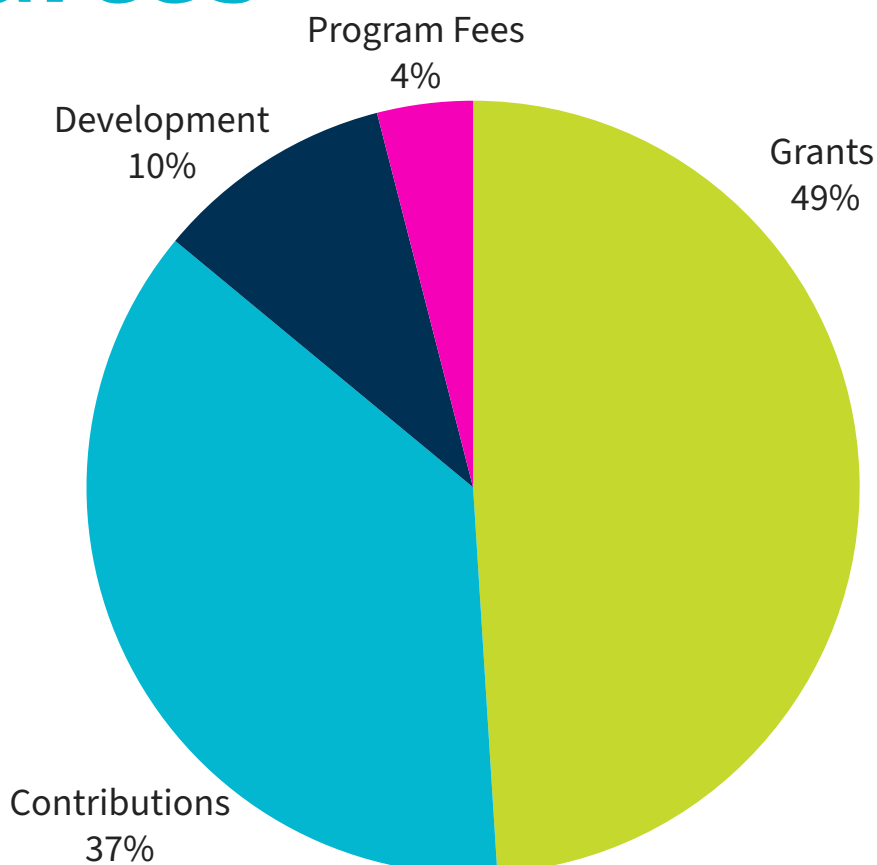
2023

Meal Delivery	\$ 524,246
Administrative	\$ 94,723
Development	\$ 51,968
Total	\$670,937



Funding Sources

Grants	\$ 405,298
Contributions	\$ 309,285
Development	\$ 79,498
Program Fees	\$ 37,391
Total	\$ 831,472



2023 Individual Contributors

Companion \$5,000+

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Lydia Woodson
Paige Worrall
Janice and Rick Woychik
Christy Wright
Channing Der and Kathleen Yasui-Der

*in memory of Patricia Gail Moore
who passed in 2024

**in memory of Sharon Bushnell who
passed in 2023

2023 Staff Members

Rachel Sobel Bearman
Executive Director

Suzzette Jarman
Operations Manager

Julia Meyer
Operations Associate

Heather Harris
Volunteer Coordinator

Shannon Grabowski
Finance Manager

Shawna Sheperd
Development Associate



2023 Corporate and Foundational Support

Grants

Alliance Health
Carol Woods Charitable Foundation
Emergency Food and Shelter Program
GSK Foundation
Home Health Foundation of Chapel Hill of the Triangle Community
Meals on Wheels America
Orange County, State of North Carolina
Strowd Roses
Town of Carrboro
Town of Chapel Hill
United Way of the Greater Triangle

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Chapel Hill Cookies LLC dba Crumbl
McAdams Farm
Hutchinson PLLC
PEO Sisterhood Chapter L
PHE, Inc.
Weaver Street Co-Op Cooperative
Community Fund

Congregations

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Christian Science Society of Chapel Hill, NC
Church of St. Thomas More
Church of the Holy Family
Damascus Congregation Christian Church
St. Matthew's Episcopal Church
The Chapel of the Cross
University Presbyterian Church
University United Methodist Women

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Paws4Ever
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St. Thomas More Preschool
The Diaper Bank of NC
97.9 The Hill WCHL and Chapelboro.com



Physical Addresses

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Hillsborough, NC 27278

Mailing Address

PO Box 2102
Chapel Hill, NC 27515



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919-942-2948



execdirector@mowocnc.org



MEALS **on WHEELS**
ORANGE COUNTY, NC

**THANK
YOU!**